

# **Caring for the Human Spirit: Integrating Spiritual Care in Healthcare, Orlando, Florida, April 21, 2015**

## **Educating Healthcare Practitioners in Spiritual Care – A Tradecraft Workshop**

with Chaplain Bruce Feldstein MD

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### **Workshop Overview:**

*Tradecraft: “Skill or art in connection with a trade or calling”*  
Oxford English Dictionary

This tradecraft workshop is a dialogue between the workshop leader and participants whose “trade or calling” involves spiritual care, and who are called upon to fill new education and leadership roles for integrating spiritual care in healthcare. It provides the opportunity to share educational practices with each other.

This workshop features an educational approach developed at Stanford University School of Medicine over the past 14 years for teaching medical students and healthcare practitioners to integrate basic skills of spirituality and spiritual care into their practice of patient care. This interactive, experiential approach was developed by a team of medical educators: a Jewish chaplain (former emergency medicine physician), an ethnogeriatrics educator (former Catholic nun), a psychologist (Buddhist), and family physicians.

### **Goal and objectives:**

The goal of today’s workshop is to enhance your capacity to educate healthcare practitioners to integrate spiritual care into healthcare.

Upon completion of this workshop, you will be able to:

- 1) Distinguish at least four basic spiritual care skills to teach healthcare practitioners.
- 2) Discuss educational methods and rationale for teaching these skills.
- 3) Identify at least three other educational approaches and strategies for integrating spiritual care in a healthcare organization.

## **Workshop Leader:**

Chaplain Bruce Feldstein MD is a chaplain and educator at Stanford Medicine where he has designed, developed and taught spirituality in medicine at the School of Medicine since 2001. This now includes: Spirituality and Meaning in Medicine (required class), The Healer's Art (elective course), the Spiritual Care Community Site Visit (students rounds with chaplains), Physician Self Care (required class), and the GWish-Templeton Reflection Rounds for core clerkships (required). He is founder and director of The Jewish Chaplaincy at Stanford Medicine since 2000.

Prior to becoming a healthcare chaplain, Dr. Feldstein was an emergency medicine physician for 19 years and a visiting scholar at the Stanford Center for Biomedical Ethics. He completed his Clinical Pastoral Education residency training at Stanford Hospital & Clinics in 1999-2000. He is the author of "Bridging with the Sacred: Reflections of an MD Chaplain," and other articles. Dr. Feldstein is the first recipient of the Isaac Stein Award for Compassionate Care (Stanford Hospital), recipient of a GWish-John Templeton Medical School Curricular Award, Project Director for the GWish-Templeton Reflection Rounds grant at Stanford, and a member of the creative writing group, Pegasus Physicians at Stanford.

Bruce was born and raised in Detroit, Michigan, has two sons, a cat named Findus, and loves to sing and laugh.

## **Recommended Resources:**

### **Courses and Conferences:**

**"Spirituality and Meaning in Medicine" class handout.** Stanford University School of Medicine Family Medicine Core Clerkship. Chaplain Bruce Feldstein MD, Marita Grudzen MHS, Arthur Johnson PhD. Contact: [bfeldstein@stanfordhealthcare.org](mailto:bfeldstein@stanfordhealthcare.org).

**7th Annual Spirituality and Health Summer Institute**, July 8-11, 2015, Washington D.C., George Washington Institute on Spirituality and Health (GWish)  
<http://smhs.gwu.edu/gwish/events/7th-annual-spirituality-and-health-summer-institute>.

**SOERCE: The Spirituality and Health Online Education and Resource Center**  
<http://smhs.gwu.edu/gwish/soerce>.

**Healer's Art.** <http://www.ishiprograms.org/programs/medical-educators-students/> Institute for the Study of Health and Illness (ISHI), Founded and Directed by Rachel Remen MD. The Healer's Art is offered at 88+ medical schools worldwide. The next Healer's Art Training Program takes place October 21-25, 2015.

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Christina M. Puchalski, MD and Betty Ferrell, RN, PhD. **Making Health Care Whole-Integrating Spirituality into Patient Care.** Forward by Rachel Naomi Remen MD. Templeton Press, 2010.

Christina M. Puchalski, MD, MS, FACP, Robert Vitillo, MSW, ACSW, Sharon K. Hull, MD, MPH, and Nancy Reller. **Improving the Spiritual Dimension of Whole Person Care: Reaching National and International Consensus.** *Journal of Palliative Medicine.* 2014 17(6): 642-656.

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Daniel P. Sulmasy, OFM, MD, PhD. **A Biopsychosocial-Spiritual Model for the Care of Patients at the End of Life.** *The Gerontologist* 2002 Vol. 42, Special Issue III, 24-33.

Larry VandeCreek, D.Min. and Laurel Burton Th.D. (eds.) **White Paper--Professional Chaplaincy: Its Role and Importance In Healthcare.** <http://www.healthcarechaplancy.org/userimages/professional-chaplancy-its-role-and-importance-in-healthcare.pdf>